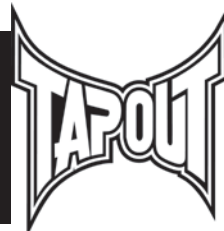


# TOP 10 REASONS TO COME TRY OUT...



**FITNESS  
KICKBOXING  
CANADA**



Orangeville's first and only  
authorized apparel dealer



1. 3,000 sq. ft. MMA training area with training ring
2. Competition approved floor and wall mats for your safety... the largest in Orangeville.
3. Programs for women, men and kids -all taught by fully certified staff instructors
4. A variety of programs including; Kickboxing, MMA, Boot-Camp and our new No-GI Jiu-Jitsu program for competition, recreation or fitness
5. Separate fully equipped Personal Training studio with Can-Fit-Pro Certified Trainers
6. Separate Education classroom for lectures and certification courses
7. Orangeville's first & ONLY authorized TAPOUT Dealer. Christmas shop for your Tapout fanatic at our location. October's feature is the GSP Ultimate Fighter jersey and T-shirts as worn on the Ultimate Fighter TV series.
8. Special seminars with Former UFC Lightweight Champ Sean Sherk fresh off his win over Evan Dunham in UFC 119.



Seminar dates and times Saturday, December 4th 1-3pm,  
Sunday, December 5th, 10:30am-12:30pm.  
Autograph and photo opportunities open to the public from 2-4pm.  
Call for details.

Sponsored by Tapout



9. C.A.S.K. Certified Competitive coaches to train & get you in the ring for sanctioned competitions in K-1, Low Kick & Full Contact Kickboxing bouts.

**10. "Locally owned...but nationally & internationally recognized"**



Recognized by Can-Fit-Pro & the  
Canadian Amateur Sport  
Kickboxing Association (CASK)

- Personal Training
- Nutrition Counselling
- Men's & Ladies Kickboxing Programs
- Competitive Programs

**660 Riddell Rd, Orangeville**

**519-942-1625**

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